

Recipe posted on gingerfriesen.com, February 2019

Fudge Babies

Adapted from ChocolateCoveredKatie.com, October 13, 2009

Ingredients:

- 1 cup raw walnuts (120 grams)
- 1 1/2 cups pitted dates (230 grams)
- 1 teaspoon vanilla extract
- 4 Tablespoons unsweetened cocoa powder

Instructions:

1. Place all ingredients in food processor and chop/blend until a moist dough of crumb-like consistency forms. The longer you blend, the more the oil from the nuts is released to help hold the dough together.
2. Using your hands, roll dough into little balls. Makes 24 or more depending on size.

Notes:

*I hadn't looked at the Chocolate Covered Katie website in years, but when I searched for the recipe to give credit to its author, I realized it must have been updated since I started making Fudge Babies. She says to use only 1 and 1/3 cups dates (no longer gives a weight measurement), and she also suggests some optional add-ins, including 1/8 teaspoon salt, which I bet would be a great addition.

Pecan Pie Babies

Ingredients:

- Just over 1/2 cup raw pecans (60 grams)
- Just under 1/2 cup raw almonds (60 grams)
- 1 1/2 cups pitted dates (230 grams)
- 1/2 teaspoon cinnamon

Instructions:

1. Place all ingredients in food processor and chop/blend until a moist dough of crumb-like consistency forms. The longer you blend, the more the oil from the nuts is released to help hold the dough together.
2. Using your hands, roll into little balls. Makes 24 or more depending on size.